



Faculty of Sexual and Reproductive Healthcare
Clinical Effectiveness Unit

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**Faculty Statement from the CEU
October 2010**

Hysteroscopic Sterilisation

The Clinical Effectiveness Unit wishes to make members aware of National Institute for Health and Clinical Excellence (NICE) guidance on hysteroscopic sterilisation. A guidance document, *Hysteroscopic sterilisation by tubal cannulation and placement of intrafallopian implants (September 2009)*, and information for patients are available online: <http://www.nice.org.uk/nicemedia/live/11118/45506/45506.pdf>
<http://www.nice.org.uk/nicemedia/live/11118/45504/45504.pdf>

NICE supports the use of hysteroscopic sterilisation provided that normal arrangements are in place for clinical governance and audit. The recommendations include ensuring that patients understand that additional contraception must be used until appropriate imaging confirms satisfactory placement of the intrafallopian implants; and that there is a small risk of pregnancy in the longer term.

The Clinical Effectiveness Unit endorses the NICE guidance and would also recommend ensuring that patients are fully aware of the complete irreversibility of the methods commonly used for hysteroscopic sterilisation.