



Name:

Empty box for name entry

FSRH
10-18 Union Street
London, SE1 1SZ
www.fsrh.org
Support@fsrh.org
+44 (0)20 7724 5647

Logbook for the Letter of Competence in Subdermal Contraceptive Implant Techniques Insertion Only (LoC SDI-IO)
Training requirements are set out in the 'Syllabus for Letter of Competence in Subdermal Contraceptive Implant Techniques Insertion Only'

IMPORTANT INFORMATION:

Please be advised that the Letter of Competence in Subdermal Contraceptive Implant Techniques Insertion only (LoC SDI-IO) is only open to those healthcare professionals working in maternity, abortion or early pregnancy services.

DO NOT SUBMIT TO FSRH.

The logbook will be completed during training but does not need to be sent to the FSRH. It should be retained until three months after the LoC SDI-IO has been awarded by the FSRH. There is a separate application form which is available on the website.

Contents

1. List of all trainers with signatures and registration numbers 1
2. Confirmation of Entry Requirements 2
3. Model Arm Training..... 3
4. Observation of removal procedure 3
5. Route of qualification..... 3
6. Assessments required..... 5
7. Assessment forms 5
8. Intellectual Property Rights 12
9. FSRH Privacy Policy 12

Further copies of the assessments within the logbook can be printed as necessary.

1. List of all trainers with signatures and registration numbers

Table with 4 columns: Name (BLOCK CAPITALS), Signature, Faculty qualification numbers (LoC SDI-IO, FRT (if applicable)), and rows for Primary and Secondary trainers.

Name of applicant:

2. Confirmation of Entry Requirements

Relevant certificates must be shown to the primary trainer at commencement of clinical training.

Registration number of FSRH approved regulatory body e.g. GMC, NMC, IMC, NMBI	
--	--

	Signature to self-certify competence:
Competent in consultation skills	
Competent to give an intramuscular injection	
Familiar with current FSRH Clinical Guideline: Progestogen-only Implant	

	Date completed:
e-SRH Module 14 (within three months of starting clinical assessments)	
e-SRH Module 3 (within three months of starting clinical assessments unless DFSRH, MFRSH or OTA/eKA holder)	

	Date completed:
Anaphylaxis Training	
Basic Life Support	
Level 3 Safeguarding Children and Young People	
Level 2 Safeguarding Adults	

Name of applicant:

3. Model Arm Training

Insertion should be completed on a model arm within 3 months of starting practical training.

Date	Implant Type	Procedure	Trainer's signature
		Insertion	

4. Observation of removal procedure

Requirement to see a removal procedure (choose <u>one</u> option)	Date Completed:
Live removal procedure observed	
Videos on e-LfH or Manufacturer's Website of removal procedure	

5. Route of qualification

Please tick which route is applicable for this applicant:

- Standard Pathway:** a minimum of 3 competent insertions are required.
- Experienced Pathway:** a minimum of 1 competent insertion is required.

A. Standard route

Demonstration by Trainer in a conscious patient of insertion.

Date	Implant Type	Procedure	Signature of Trainer
		Insertion	

Name of applicant:

B. Experienced Practitioner Route

Completion of training under the 'experienced practitioner' pathway, as detailed below, is at the discretion of the Primary Trainer.

Please provide details and dates of previous relevant training or experience

--

Log of previous insertions in conscious patients

For LoC SDI-IO this log must show six insertions undertaken during the 12 months before commencement of training.

Date	Implant Type	

Name of applicant:

6. Assessments required

Qualification requires one of each of Assessments A, B and E that is competent in all areas.

Assessment C should be completed for each observed insertion. You may prefer to use the summary table on page 10.

Assessment A	Contraceptive choices consultation
Assessment B	Pre-insertion consultation (SDI)
Assessment C	SDI insertion competency checklist (Standard Pathway: minimum 3 competent insertions; Experienced Pathway: minimum 1 competent insertion)
Assessment E	Managing issues relating to SDI

Working towards competence: Unable to perform steps independently or according to standard procedure OR trainee required prompting to progress through steps in correct sequence.

Competent: Step or task performed independently and precisely in the correct sequence and according to standard procedure.

The primary trainer must observe at least one insertion performed competently, but any remaining procedures can be observed by other clinicians who hold the LoC SDI-IR but are not required to be a FSRH Registered Trainer.

The FSRH Contraceptive Counselling Course is required to be completed before the LoC can be granted.

	Date:
FSRH Contraceptive Counselling Course (<i>for those that do not hold the DFSRH</i>)	

7. Assessment forms

(See following pages)

Name of applicant:

Assessment A - Contraceptive choices consultation

Date of assessment			
Brief Description of scenario			
Areas to consider		Working towards competence	Competent
History taking and physical examination (including use of UKMEC, pregnancy and STI risk)			
Clinical Judgement (application of knowledge about suitable contraceptive methods)			
Communication skills (use of appropriate terminology/models/leaflets/clear instructions)			
Planning ahead (bridging contraception, starting regimes and practical considerations)			
Professionalism (non-judgemental, respectful and courteous)			
Areas performed well			
Areas requiring development			
Learning plan			
Competent in all areas (please circle)	Yes / No	Trainer signature	Date

Name of applicant:

Assessment B - Pre-insertion consultation (SDI)

Date of assessment			
Brief Description of scenario			
Areas to consider		Working towards competence	Competent
History taking and physical examination (including use of UKMEC, pregnancy and STI risk)			
Clinical Judgement (use of knowledge about SDI, when fitting can be performed safely, drug interactions and consideration of STI screening)			
Planning for fit (contraception prior to fit e.g. bridging contraception and what to expect at fit)			
Communication skills (use of appropriate terminology/models/written information)			
Professionalism (non-judgmental, respectful and courteous)			
Areas performed well			
Areas requiring development			
Learning plan			
Competent in all areas (please circle)	Yes / No	Trainer signature	Date

Name of applicant: _____

Assessment C – Insertion checklist

Date of assessment: _____ Implant type: _____

	Working towards competency	Competent
1. Pre-insertion preparation: Provides overview of procedure and answers any questions. Considers risk of pregnancy and quick starting if appropriate. Displays assessment of relevant medical history in particular interacting drugs, allergies and contraindications. Discusses options for analgesia. Obtains valid consent.		
2. Identifies correct insertion site: Positions individual correctly and chooses appropriate site.		
3. Local anaesthetic Administers local anaesthetic safely and effectively.		
4. Inserting the implant: Checks the implant is in the applicator. Inserts superficially as per Summary of Product Characteristics. Palpates implant after insertion and identifies pop-out sign.		
5. Infection prevention: Uses aseptic “no touch technique”. Correct handwashing technique. Applies appropriate dressing to insertion site.		
6. Post-insertion management: Advises on requirement for additional contraceptive precautions and follow-up pregnancy testing. Gives instructions for dressing removal, wound care and removal of paper sutures. Informs of likelihood of initial discomfort and bruising, signs of local infection and to seek advice if infection is suspected. Instructs on how to feel for the implant after removal of dressing. Advises how to access review of adverse effects and implant removal services. Advises when to attend for replacement.		
7. Documentation: Completes record of consultation and procedure including: <ul style="list-style-type: none">- Arm and location in arm- Type and amount of local anaesthetic- Batch number, expiry date of local anaesthetic and implant- Palpation by clinician and patient		

Name of applicant:

Overall assessment of insertion procedure (please tick)

Competent

Implant insertion performed satisfactorily in correct sequence and each step performed according to the standard procedure or guidelines – no prompting required (each of the steps listed above must be deemed satisfactory)

Working towards competency

One or more steps not performed correctly according to standard OR was omitted OR required prompting

Comments on procedure and suggestions to achieve competency:

Signed: _____ Date of assessment: _____

Name of assessor (BLOCK CAPITALS): _____

Name of applicant:

Assessment C - Summary of insertions

Date						
Device type						
Pre-insertion preparation						
Insertion site						
Local anaesthetic						
Device insertion						
Infection prevention						
Post-insertion management						
Documentation						
Competent / Working towards competency						
Observed by						
Primary or secondary trainer						

Name of applicant:

Assessment E - Managing issues relating to SDI

Date of assessment			
	Working towards competence	Competent	
Describes strategies to counsel patient before insertion on bleeding patterns			
Describes how to identify and manage problematic vaginal bleeding including investigation and onward referral as appropriate			
Describes potential drug interactions with implants and how to manage these			
Describes symptoms and signs of peripheral nerve injury and knows how to manage this acute complication.			
Describes how to manage a positive pregnancy test in a woman using an implant for contraception and is aware of the referral pathway for appropriate investigation			
Describes how to manage a suspected bent or broken implant.			
Areas performed well			
Areas requiring development			
Learning plan			
Competent in all areas (please circle)	Yes / No	Trainer signature	Date

8. Intellectual Property Rights

All intellectual property rights relating to the LoC SDI-IO and supplementary materials remain with FSRH. Users have no rights other than to access the resources for the purpose of the programme. No modification of any kind is to be attempted to be made to the resources. No part of the resources can be reproduced by any means or under any format. Liability for any losses suffered by the FSRH arising from any breach, or attempted breach, of its intellectual property rights is accepted by the party that infringes the IPR of the organisations. The names, images and logos identifying FSRH, and its programmes are proprietary marks of FSRH. To copy or use any logo or any other IPR, you must get prior approval from the FSRH using the [request form](#).

9. FSRH Privacy Policy

The FSRH is committed to protecting your privacy. Our [Privacy Policy](#) sets out how we collect, use, store and protect any information that you give us, in compliance with the requirements of the Data Protection Laws which are the EU General Data Protection Regulation (GDPR) (EU) 2016/679 and the UK Data Protection Act 2018.