



Faculty of Sexual and Reproductive Healthcare of the Royal College of Obstetricians and Gynaecologists

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SRH Essentials for practice nurses

Helping women to choose a contraceptive method that suits them, preventing unwanted pregnancies and diagnosing STIs are important aspects of day-to-day primary care. The Faculty of Sexual and Reproductive Healthcare recognises that practice nurses are the first point of call for many patients with sexual and reproductive health needs.

This one-day course has been designed to support you in this pivotal role and will cover the key information needed to manage consultations about contraception and STIs safely. It will also give you the tools to think clearly and know what to do when you see patients who need contraception, STI testing and emergency contraception.

This course will give you the skills and confidence to assess:

- When your patient is at risk of pregnancy
- What method/s of contraception can be safely offered
- When your patient needs emergency contraception
- What method/s of emergency contraception can be safely offered
- When your patient is at risk of STI
- What tests to offer and how to manage the consultation

This course provides a solid foundation for non-SRH specialists who see patients with SRH needs. It is suitable for practice nurses who have recently moved into the role and who have little or no experience in SRH as well as those who have been working as practice nurses but have only undertaken a small amount of training in this area. The FSRH Diploma is recommended for those who are interested in further developing their SRH knowledge and skills, beyond the level of this course.

Following completion of the *SRH Essentials* course participants will be issued with a certificate.

Further *SRH Essentials* courses are planned for school nurses, health visitors, midwives and pharmacists.

Facilitators:

Dr Melissa Gardner, Clinical Teaching Fellow at UCL Medical School and GP, Islington
Dr Jayne Kavanagh, Principal Clinical Teaching Fellow at UCL Medical School and Specialty Doctor in SRH at the Margaret Pyke Centre

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