Learning Outcomes for the Letter of Competence in Subdermal Contraceptive Implant Techniques - Removal Only (LoC SDI-RO)

Definition of the LoC SDI-RO of the FSRH: A person who holds the LoC SDI-RO has demonstrated that they have the evidence based knowledge, attitude and skills required to consult with a woman requesting contraception, and to appropriately remove a subdermal implant.

The LoC SDI-RO is only open to doctors, nurses and midwives working in deep implant clinics. The FSRH retains the right to amend this list.

Learning Outcomes: To provide a training programme that will equip the learner with the evidence based knowledge, attitude and skills required to consult with a woman requesting contraception, and to appropriately remove a subdermal implant. The LoC SDI-RO is awarded to those who have successfully achieved this training.

LoC SDI holders will be able to:

- Advise women and men requesting contraception and enable them to make informed choices about managing their fertility.
- Demonstrate an effective contraceptive choices consultation.
- Appropriately consult with and assess women who wish to use SDIs
- Describe the composition and pharmacokinetics of implants and potential drug interactions
- Explain the indications and contraindications, medical eligibility criteria, advantages and disadvantages, side effects and complications of SDI use
- Describe the mode of action and contraceptive efficacy of implants
- Demonstrate competence in removal of SDIs in conscious women, to include the use of local anaesthesia
- Manage medical emergencies associated with removal
- Manage side effects of SDIs including bleeding problems
- Describe the management of an impalpable implant.
- Describe how to insert an implant including local patient pathways
Intellectual Property Rights

All intellectual property rights for any FSRH qualification including documents, materials and content belonging to and produced by the FSRH should not be used for purposes other than FSRH training. Should you wish to use any of the IPR for purposes other than FSRH training you must seek the FSRH’s approval in writing with your request via our copyright request form. We aim to respond to submissions of this nature within one working week.