

# Learning Outcomes for the Letter of Competence in Subdermal Contraceptive Implant Techniques - Removal Only (LoC SDI-RO)

**Definition of the LoC SDI-RO of the FSRH:** A person who holds the LoC SDI-RO has demonstrated that they have the evidence based knowledge, attitude and skills required to consult with a woman requesting contraception, and to appropriately remove a subdermal implant.

The LoC SDI-RO is only open to doctors, nurses and midwives working in deep implant clinics. The FSRH retains the right to amend this list.

**Learning Outcomes:** To provide a training programme that will equip the learner with the evidence based knowledge, attitude and skills required to consult with a woman requesting contraception, and to appropriately remove a sub-dermal implant. The LoC SDI-RO is awarded to those who have successfully achieved this training.

LoC SDI holders will be able to:

- Advise women and men requesting contraception and enable them to make informed choices about managing their fertility.
- Demonstrate an effective contraceptive choices consultation.
- Appropriately consult with and assess women who wish to use SDIs
- Describe the composition and pharmacokinetics of implants and potential drug interactions
- Explain the indications and contraindications, medical eligibility criteria, advantages and disadvantages, side effects and complications of SDI use
- Describe the mode of action and contraceptive efficacy of implants
- Demonstrate competence in removal of SDIs in conscious women, to include the use of local anaesthesia
- Manage medical emergencies associated with removal
- Manage side effects of SDIs including bleeding problems
- Describe the management of an impalpable implant.
- Describe how to insert an implant including local patient pathways

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