

Essentials of Menopause Care

Guide to Becoming a Course Facilitator



What is **Essentials of Menopause Care**?

Essentials of Menopause Care is an interactive course for healthcare professionals working with women during menopause and perimenopause. It is produced by the FSRH using current standards and practice and has been quality assured.

The approaches taken are evidence based where possible with the aim of improving clinical practice. A typical course is delivered by at least 2 approved facilitators to a maximum of 24 delegates, over a half day. All the teaching materials that you will need are provided.

Essentials of Menopause Care is designed to provide basic information and understanding about menopause. This is not a competency-based course and it is not assessed.

There is no charge to become a Facilitator, and you will not be charged to observe or attend courses, or to watch the webinar.

However, please note that the FSRH will not cover expenses. A fee is paid to the FSRH for running the course, which includes the materials. The fee is £30 per participant.

Interested in becoming a Facilitator?

Before You Apply

To become a Facilitator, you must:

- ▶ be a current FSRH Associate, Diplomat, Member, or Fellow
- ▶ be actively involved in clinical SRH including menopause care
- ▶ have some experience of delivering education and training.

We recognise that people have a range of experience and confidence in delivering courses, so we provide a variety of activities to support you to become a facilitator.

[Faculty Registered Trainers \(FRTs\)](#) are encouraged to deliver **Essentials of Menopause Care**.

Roles and responsibilities for Facilitators

For each course there must be a Lead Facilitator who must be a current member of FSRH.

All facilitators are expected to:

- ▶ ensure they meet the entry criteria to become a facilitator
- ▶ apply to be a facilitator with the FSRH (see below)
- ▶ prepare to teach - work with the Lead Facilitator to familiarise yourself with the content, including determining teaching roles for the programme.
- ▶ deliver an **Essentials of Menopause Care** course (half day)
- ▶ provide and encourage feedback - from learners, Course Facilitators and yourself
- ▶ abide by the FSRH's [Intellectual Property Rights Policy](#).

In addition, the Lead Facilitator is expected to:

- ▶ organise and promote an 'Essentials of Menopause Care' course - including venue, facilities, preparation of materials, catering, etc as required.
- ▶ inform the FSRH of any courses that you are delivering, and fill in the course registration form to provide details for the FSRH events page
- ▶ provide and encourage feedback - from learners, other facilitators and yourself
- ▶ provide the FSRH with delegate details (post-course) and pay the FSRH once invoiced.

Once you've applied and been accepted as a Facilitator, you will receive instructions on how to access the course materials online including guidance on how to run the course. These materials have been quality-assured by the FSRH and the CEU and cannot be amended.

How to apply to become a Facilitator

Read through this guide to becoming a facilitator

Please visit the [Essentials of Menopause Care Course Registration page](#)

- ▶ Watch the Webinar -Becoming an Essentials Facilitator and tick the confirmation box
- ▶ Complete the [Essentials of Menopause Care Application Form](#)

The FSRH Team will review your application and will provide you with a response by e-mail. Applicants must wait for approval from the FSRH before organising courses.

FSRH Policies

Compliments and Complaints

If you have any feedback about our Essentials courses, please visit our [compliments and complaints](#) page.

FSRH Privacy Policy

The FSRH is committed to protecting your privacy. This [Privacy Policy](#) sets out how we collect, use, store and protect any information that you give us, in compliance with the requirements of the Data Protection Laws which are the EU General Data Protection Regulation (GDPR) (EU) 2016/679 and the UK Data Protection Act 2018.

Intellectual Property Rights

All intellectual property rights for any FSRH course including documents, materials and content belonging to and produced by the FSRH should not be used for purposes other than FSRH training. Should you wish to use any of the IPR for purposes other than FSRH training you must seek the FSRH's approval in writing with your request via our [copyright request form](#). We aim to respond to submissions of this nature within one working week.

Course visits and evaluation

The FSRH reserve the right to visit any SRH Essentials course as part of a quality assurance process. We also encourage feedback from learners, facilitators and between facilitators. Please complete the online evaluation following the course.

Contact us

For further information on Essentials of Menopause Care, please [contact us](#).