

## Learning Outcomes of the FSRH Diploma

**Definition of FSRH Diploma:** a person who holds the FSRH Diploma has demonstrated that they have the evidence based knowledge, and attitude and skills required for independent practice to deliver safe and effective sexual and reproductive health care in community, primary and secondary care settings.

**Aim of the Training Programme:** to provide a training programme that will equip the learner with the evidence based knowledge, and attitude and skills required independently to deliver safe and effective sexual and reproductive health care in community, primary and secondary care settings. On successful completion of the programme learners are awarded the FSRH Diploma (DFSRH).

At the completion of the training programme successful candidates will be able to demonstrate that they can independently:

- Describe the basic anatomy and physiology of male and female reproductive systems
- Take a full sexual history and assess the risk of pregnancy and sexually transmitted infections
- Describe the principles of SRH delivery to include understanding the user's perspective, working with young people, confidentiality and the law relevant to the four countries in the UK
- Describe the equality and diversity aspects of sexual health consultations and demonstrate a non-judgemental attitude
- Evaluate the advantages and disadvantages of the full range of contraceptive options – Hormonal, intra uterine, post-coital, barrier, emergency, fertility awareness methods and surgical
- Advise men and women so that they can make informed choices about managing their fertility
- Safely prescribe or supply hormonal contraceptives and manage complications and side effects
- Advise men and women who choose barrier contraceptive methods and manage complications and side effects
- Advise women who choose intra uterine or subdermal contraceptive methods prior to and following insertion
- Advise a woman who is planning a pregnancy
- Support a woman who has an unplanned pregnancy and arrange appropriate onward referral
- Provide advice and testing for those requesting asymptomatic screening for sexually transmitted infections
- Perform tests for genital and sexually transmitted infections and blood-borne viruses appropriate to community and primary care settings
- Make an initial assessment of someone who has psychosexual difficulties, and arrange onward referral when necessary

- Make an initial assessment of someone who has been sexually assaulted, and arrange onward referral when necessary
- Describe the principles and organisation of national screening and vaccination programmes with a relevance to sexual health (e.g. cervical cytology, chlamydia, HPV, rubella).

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