

Matrix of Annual Expectation of Educational Progression ST1 to 6 in Community Sexual and Reproductive Health - March 2022 for ARCP in COVID-19 period and beyond

Assessment	ST1	ST2	ST3 - if Basic training requirements not complete, panel consider outcome 10/1*	ST4	ST5 - if Intermediate competencies not complete panel to consider outcome 10/2**, possibility of needing additional training time	ST6**
Clinical skills	Consistent with Basic training requirements, up to Feb 2020	Demonstrates progress with Basic training requirements	Demonstrates progress with Basic training requirements, identified areas necessitating further training identified	Progress consistent with Intermediate competencies	Progress consistent with Intermediate competencies, with deficiencies identified in ESR	All competencies complete
Contraception	Consistent with Basic training requirements, up to Feb 2020	Demonstrates progress with Basic training requirements	Demonstrates progress with Basic training requirements, identified areas necessitating further training identified	Progress consistent with Intermediate competencies	Progress consistent with Intermediate competencies, with deficiencies identified in ESR.	All competencies complete, may require training outside normal location

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Unplanned pregnancy care	Consistent with Basic training requirements, up to Feb 2020	Demonstrates progress with Basic training requirements	Demonstrates progress with Basic training requirements, identified areas necessitating further training identified	Progress consistent with Intermediate competencies	Progress consistent with Intermediate competencies, with deficiencies identified in ESR	All competencies complete, may require training time outside normal locations
Gynaecology	Consistent with Basic training requirements, up to Feb 2020	Demonstrates progress with Basic training requirements	Demonstrates progress with Basic training requirements, identified areas necessitating further training identified	Progress consistent with Intermediate competencies	Progress consistent with Intermediate competencies, with deficiencies identified in ESR	All competencies complete
Specialist gynaecology	Consistent with Basic training requirements, up to Feb 2020	Demonstrates progress with Basic training requirements	Demonstrates progress with Basic training requirements, identified areas necessitating further training identified	Progress consistent with Intermediate competencies	Progress consistent with Intermediate competencies, with deficiencies identified in ESR	All competencies complete

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Pregnancy	Consistent with Basic training requirements, up to Feb 2020	Demonstrates progress with Basic training requirements	Demonstrates progress with Basic training requirements, identified areas necessitating further training identified	Progress consistent with Intermediate competencies	Progress consistent with Intermediate competencies, with deficiencies identified in ESR	All competencies complete
Menopause and PMS	-	-	-	Progress consistent with Intermediate competencies	Progress consistent with Intermediate competencies, with deficiencies identified in ESR	All competencies complete, clinic elements may utilise virtual and remote patient assessment
GUM	Consistent with Basic training requirements, up to Feb 2020	Demonstrates progress with Basic training requirements	Demonstrates progress with Basic training requirements, identified areas necessitating further training identified	Progress consistent with Intermediate competencies	Progress consistent with Intermediate competencies, with deficiencies identified in ESR	All competencies complete

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Public Health	-	-		Progress consistent with Intermediate competencies	Progress consistent with Intermediate competencies, with deficiencies identified in ESR	All competencies complete
Teaching, appraisal, and assessment	Consistent with Basic training requirements, up to Feb 2020	Demonstrates progress with Basic training requirements	Demonstrates progress with Basic training requirements, identified areas necessitating further training identified	Progress consistent with Intermediate competencies	Progress consistent with Intermediate competencies, with deficiencies identified in ESR	All competencies complete
Ethics and legal issues	Consistent with Basic training requirements, up to Feb 2020	Demonstrates progress with Basic training requirements	Demonstrates progress with Basic training requirements, identified areas necessitating further training identified	Progress consistent with Intermediate competencies	Progress consistent with Intermediate competencies, with deficiencies identified in ESR	All competencies complete

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Leadership, governance and management	Consistent with Basic training requirements, up to Feb 2020	Demonstrates progress with Basic training requirements	Demonstrates progress with Basic training requirements, identified areas necessitating further training identified	Progress consistent with Intermediate competencies	Progress consistent with Intermediate competencies, with deficiencies identified in ESR	All competencies complete
Research audit and IT	Consistent with Basic training requirements, up to Feb 2020	Demonstrates progress with Basic training requirements	Demonstrates progress with Basic training requirements, identified areas necessitating further training identified	Progress consistent with Intermediate competencies	Progress consistent with Intermediate competencies, with deficiencies identified in ESR	All competencies complete
Sexual assault	-	Consistent with Basic training requirements, up to Feb 2020	Demonstrates progress with Basic training requirements, identified areas necessitating further training identified	Progress consistent with Intermediate competencies	Progress consistent with Intermediate competencies, with deficiencies identified in ESR	All competencies complete, may require training outside normal location

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Examinations	DFSRH (recommended)		Part 1 MFSRH Progression to Intermediate training may happen without completion of part 1 examination, as long as clinical competencies show evidence of progress, with satisfactory TO1 and demonstrated engagement with the training programme		Part 2 MFSRH Progression to advanced training is possible where there is satisfactory progress with clinical and non-clinical training requirements, and where repeated examination attempts will not prevent progress in advanced training requirements. Additional training time should be considered	

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MSF	10 annually, multiprofessional including 2 consultant colleagues, 1 TO2 No evidence of unsatisfactory comment	10 annually, multiprofessional including 2 consultant colleague, 1 TO2 No evidence of unsatisfactory comment	10 annually, multiprofessional including 2 consultant colleague, 1 TO2 No evidence of unsatisfactory comment	10 annually, multiprofessional including 2 consultant colleague, 1 TO2 No evidence of unsatisfactory comment	10 annually, multiprofessional including 2 consultant colleague, 1 TO2 No evidence of unsatisfactory comment	10 annually, multiprofessional including 2 consultant colleague, 1 TO2 No evidence of unsatisfactory comment
Mini CEX	Evidence of continued engagement in training Demonstrates clinical and non-clinical skill at Basic level	Evidence of continued engagement in training Demonstrates clinical and non-clinical skill at Basic level	Evidence of continued engagement in training Demonstrates clinical and non-clinical skill at Basic level	Evidence of continued engagement in training Demonstrates clinical and non-clinical skill at Intermediate level	Evidence of continued engagement in training Demonstrates clinical and non-clinical skill at Intermediate level	Evidence of continued engagement in training Demonstrates clinical and non-clinical skill at Advanced level
OSATS – see also Note 3	At least 1, to include vaginal examination	At least 1 to include LARC methods	At least 1 to include LARC methods	At least 1 to include intrauterine procedure	At least 1 to include scanning procedure	At least 1 to include complex LARC procedure

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CbD	Related to and demonstrating skill level consistent with Basic training requirements	Related to and demonstrating skill level consistent with Basic training requirements	Related to and demonstrating skill level consistent with Basic training requirements	Related to and demonstrating skill level consistent with Intermediate training requirements	Related to and demonstrating skill level consistent with Intermediate training requirements	Related to and demonstrating skill level consistent with advanced training requirements
QI/Audit	Involvement in audit /QI project	Involvement in completed audit project with presentation available in ePortfolio	Designed and commenced audit/QI project	Able to demonstrate completed audit project and prepared presentation/ publication	Ongoing audit involvement	Ongoing audit involvement
Teaching skills	Prepared teaching session within personal library	Prepared teaching session within personal library	Prepared teaching session within personal library	Prepared teaching session within personal library	Prepared teaching session within personal library	Prepared teaching session within personal library
DOC/patient feedback			1 by the end of basic training		1 by the end of intermediate training	1 by the end of advanced training
Educational Supervisors Report	1 per ARCP with review of missed training opportunity, and deficiencies	1 per ARCP with review of missed training opportunity, and deficiencies	1 per ARCP with review of missed training opportunity, and deficiencies	1 per ARCP with review of missed training opportunity, and deficiencies	1 per ARCP with review of missed training opportunity, and deficiencies	1 per ARCP with review of missed training opportunity, and deficiencies

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Case log	Ongoing input (including non-specialty related cases, where redeployment has occurred)	Ongoing input (including non-specialty related cases, where redeployment has occurred)	Ongoing input (including non-specialty related cases, where redeployment has occurred)	Ongoing input (including non-specialty related cases, where redeployment has occurred)	Ongoing input (including non-specialty related cases, where redeployment has occurred)	Ongoing input (including non-specialty related cases, where redeployment has occurred)
Reflective log	At least 2, in formal template	At least 2, in formal template	at least 2, in formal template	At least 2, in formal template, demonstrating increased sophistication of reflection	At least 2, in formal template, demonstrating increased sophistication of reflection	At least 2, in formal template, demonstrating increased sophistication of reflection
Significant events/form R	1	1	1	1	1	1
Courses	Trainees should maintain mandatory training requirements with regard to BLS, information management and other employer-related online learning. During the course of the pandemic, as traditional courses are disrupted, it is advisable to discuss with the Education Supervisor the availability of online educational resources appropriate to the level of training. Attending at least one annual national trainees' event will remain mandatory for each training year, but the omission of any currently mandatory course, e.g., basic surgical skills in ST1, will not prevent progress at ARCP. Where a trainee is in doubt, they should seek clarification in the first instance from their ES and TPD.					

NOTES

1) Outcome 10 (COVID) Achieving progress and the development of competences/capabilities at the expected rate but acquisition of some capabilities delayed by impact of COVID 19

(https://www.copmed.org.uk/images/docs/gold_guide_8th_edition/GG8_Derogation_-COVID_Outcome_10.1_10.2_.pdf)

*10.1 Progress is satisfactory but the acquisition of competencies/capabilities by the trainee has been delayed by COVID-19 disruption. The trainee is not at a critical progression point in their programme and can progress to the next stage of their training. Any additional training time will be reviewed at the next ARCP.

**10.2 Progress is satisfactory but the acquisition of competences/capabilities by the trainee has been delayed by COVID-19 disruption. The trainee is at a critical progression point in their programme and additional training time is required.

The rate of progress should be defined in the specialty curriculum (e.g., with respect to assessments, experiential opportunities, examinations etc). Where acquisition of required capabilities has been delayed solely due to the impact of COVID 19 (e.g., due to cancellation or postponement of a required examination or reduced exposure to required training opportunities), trainees should be enabled to progress to the next stage of training EVEN at critical progression points, e.g., ST5 can go into ST6 without MSRHR Part 2, as long as the ARCP panel feels that there is enough progress elsewhere in the curriculum. An Action Plan, the portfolio and personal development plan (PDP) should capture and set out the required capabilities which will be expected at the next scheduled ARCP, and the time point for this review defined. The Outcome 10 acknowledges potential satisfactory progress but recognises additional training time may subsequently be required (which will be reviewed at the next ARCP).

2) Training outside normal location

Trainees may require training outside their normal location from ST1 to ST4.

3) Maintained competence

For the purposes of demonstrating maintained competence, processes involving the surgical evacuation of the uterus following miscarriage can replace surgical abortion procedures.